

# WEEKLY BULLETIN

The Official Newsletter of Manchester High School for Girls Prep Department



Friday 16th June 2023

## A MESSAGE FROM MRS GIBBONS

Key Stage 1 and EYFS enjoyed a wonderful Sports Day on Monday. Despite the extreme heat, they gave it their all, as they always do, and I know that the girls from Gaskill House were extremely proud of their win. It was lovely to see so many of you there to cheer the girls on which makes all the difference to them. Thank you to Mrs McDonagh and the PE team for organising the event.

Last night I had the pleasure of attending, along with many parents, the summer concert in the Holy Trinity Church on Platt Lane. The vaulted ceiling and the serene atmosphere added to the occasion and the girls performed superbly. We were entertained by the choir, a few very brave soloists together with some ensemble pieces and it never ceases to amaze me the confidence and skill with which they perform. This level of personal development is remarkable for girls who are so young and I would like to congratulate them all. I would also like to thank Mrs Heggie who put together the programme, accompanied the girls, introduced the event and provided the welcome refreshments at the end for the girls.

There is only a short amount of time left this term but with so much to pack in. Please can I remind you all of the Food Forum meeting (by Zoom) on the 28th June at 6pm. Please feel free to email me with any issues that you would like to have raised on the night. The Zoom details will follow in a letter to all parents the week beginning the 26th June.

Mrs Gibbons



# DATES FOR THE DIARY

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**Wednesday 21st June**

KS2 Sports Day 1pm

**Wednesday 28th June**

Thomas Frank Parent Forum 6pm (Zoom details to follow)

**Friday 30th June**

Y6 Prizegiving (PM)

**Sunday 2nd July (amended date)**

Stevensons and PTA Pop Up Shop 10am - 3.30pm

**Monday 3rd July**

Y6 Production

**Wednesday 5th July**

Y6 Leavers Disco

**Thursday 6th July**

Prep Last Day of Term

# SUMMER READING CHALLENGE

We would love to see you participating in this year's Summer Reading Challenge.  
Please see <https://summerreadingchallenge.org.uk/> for further information.

## COMING SOON

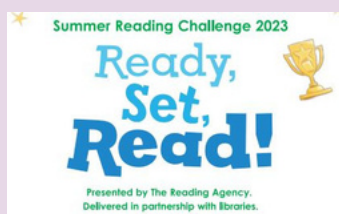
Ready... set... read! The Summer Reading Challenge will launch on the 24th of June so keep your eye out for exciting announcements. In the meantime, why don't you check out our Books page and start making a summer reading list!



## Explore the Book Collection: Ready, Set, Read!

Get ready for a whole load of team spirit, your fave sporty (or not!) heroes, and plenty of adventure with our latest sports and games themed book collection!

**Read all about it!**



# PTA NOTICES

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## **EasyFundraising: thank you to our 130 supporters**

We have raised nearly £2.5k for the PTA, thanks to the EasyFundraising app...and it hasn't cost you an extra penny. ALL big brands are on there and all it takes is one extra click. No more! M&S, John Lewis, Booking.com, Moonpig, even Admiral insurance! You shop, we earn. Please download the EasyFundraising app and help raise us even more funds!

## **Pre-loved summer dresses**

Could you check whether you have any Prep summer dresses still in your wardrobe? We're running low on stock and would appreciate any donations.

## **Come and join the PTA!**

We are a friendly bunch of people who are always looking for volunteers to help or join us! It's such a great way to meet like-minded Mums, Dads and Grandparents within the MHSG family. Please email [pta.MHSG@gmail.com](mailto:pta.MHSG@gmail.com) if you would like to join us!

## **Dates for your diary:**

### **Next PTA Meeting**

Tuesday 20th June 7pm on zoom **(amendment to date)**

### **Pre-loved uniform sale (all School)**

Sunday 2nd July 1000-1530. Location tbc.

### **Stevensons Pop up Shop**

Sunday 2nd July 1000-1530 Dining Room

# ECO NEWS

## Summer Clothes Swap

Roots and Shoots club are excited to announce that we will be holding a Summer Clothes Swap on **Tuesday 27th June.**

We would like good condition Summer clothes to swap at this event. Clothes in sizes from **Age 4-14 years old will be accepted.** All clothes brought in to swap should be in **good or nearly new condition, without any stains, rips or damage.** Clothes should also be clean and freshly washed, ready for their new owner to enjoy.

**We will start accepting items to swap** after half-term holiday on **Wednesday 7th June.** There will be a box for donations in the KS2 hall, underneath the Eco display. **Please bring clothes in a clearly labelled fabric bag with your name and class on.** Roots and Shoots will then label the items and give swap tokens to your teacher.

Clothes swaps can really help our environment by prolonging the life of an item of clothing. The fashion industry has a massive impact on our environment, especially 'fast fashion'. For example, did you know that to making a single T-shirt uses 2,700 litres of water. Even manufacturing a pair of socks takes 600 litres of water.

Therefore please help us reduce waste by swapping not shopping!

Many Thanks,

Mrs Farrand & Roots and Shoots Eco Club



# ECO NEWS- COLLECTIONS

## Crisp Packets to make waterproof blankets for homeless people.

We are continuing our collection of crisp packets, which Mrs Farrand will take to Macclesfield Crisp Blankets who re-purpose washed and clean crisp packets into blankets for homeless people around Cheshire East and Greater Manchester. If you have empty crisp packets at home, please:

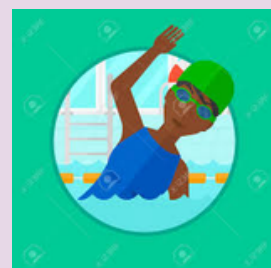
- wash them out with washing up liquid
- cut them like in this image, down the long side of the crisp packet and open them flat.



- bring your cut and washed, used crisp packets into the collection boxes by the Eco display in KS2 hall.

## Swimwear collection for Ugandan school children

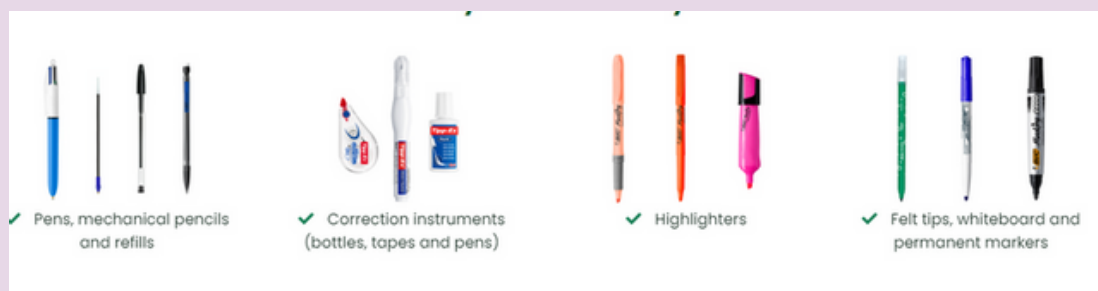
We have started collecting used swimwear for a local charity which provides education, including swim lessons to school children in remote areas of rural Uganda. If you have clean, used children's swimwear (for either boys or girls) that is in a good state of repair, please bring these in and put them in the collection box by the Eco display in KS2 Hall. These will then be taken, with volunteers from the charity out to Uganda and used by children at schools supported by this organisation, who are currently learning to swim. You can also donate swimming goggles, swim hats, pool noodles and swim floats or arm bands.



## Used pens to recycle

We are also continuing to collect pens that have run out. All types of pens (rollerballs, biros, marker pens, whiteboard markers, highlighters, gel pens etc. ) can be recycled. Mrs Farrand takes our donated used pens to the pen company Bic who will recycle these, in their factories to make new pens or even plastic park benches (like our buddy bench at school!). Please donate any used pens into the box by the Eco display.

Many Thanks for your donations,  
Eco Council and Mrs Farrand



# EYFS

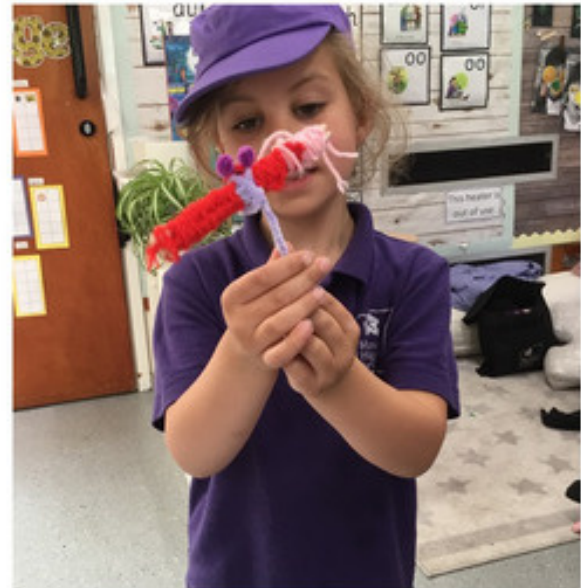
## Caterpillars and Butterflies

Our baby caterpillars arrived just in time to introduce our new topic on lifecycles. We have been enjoying reading and acting out 'The Hungry Caterpillar' and sequencing the readi. In Art, we practiced our weaving skills to create our very own beautiful butterfly collection.



# EYFS

## Caterpillars and Butterflies

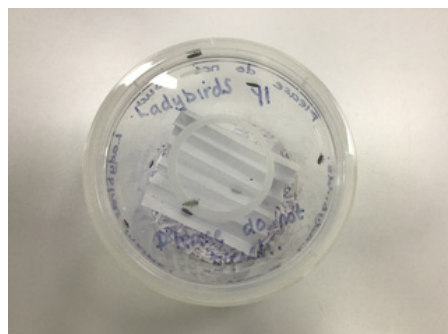
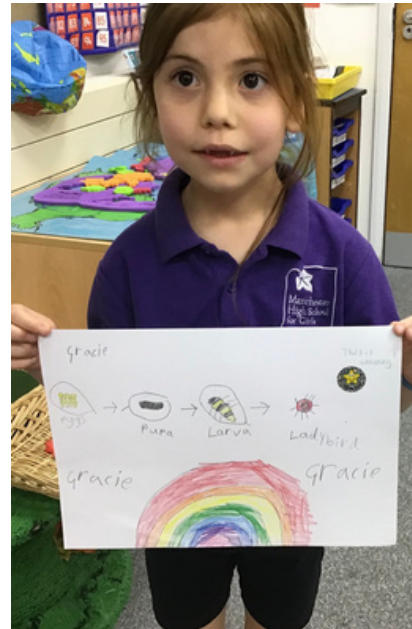


PIC•COLLAGE



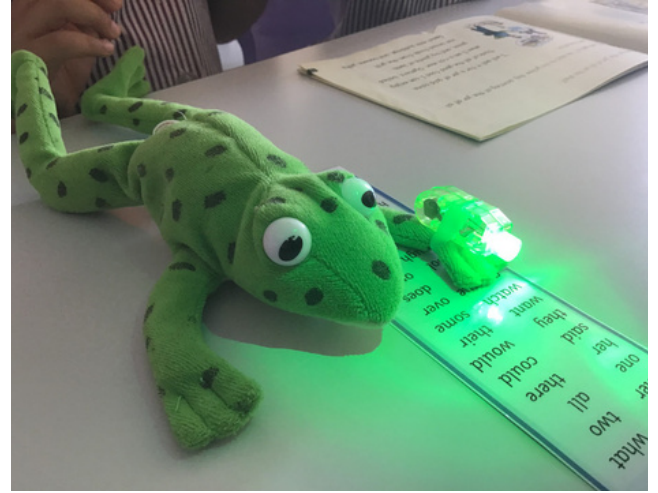
# YEAR 1

This week we have been meeting our ladybirds. We are so surprised at how quickly they are growing! They have developed from pupa to larvae in no time! We have also been enjoying our Infant Outdoor Area!



# YEAR 1

Fred loved reading with his green spotlight in Phonics this week.  
We have enjoyed some lovely story times and outdoor play.



# YEAR 2

We enjoyed a brilliant Sports' Day and are so proud of Gaskell for winning! It was lovely to see how hard all of the girls tried and how they cheer each other on - thank you for joining us!



PIC • COLLAGE

# YEAR 2

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Thank you very much to our PTA for funding our trip to the Whitworth Gallery. We had a fantastic time !



# YEAR 3

## Whitworth Art Gallery Trip

On Friday, Year 3 had a fantastic time at the Whitworth Art Gallery, enjoying our drawing workshop with resident artist, Luke Adamson.



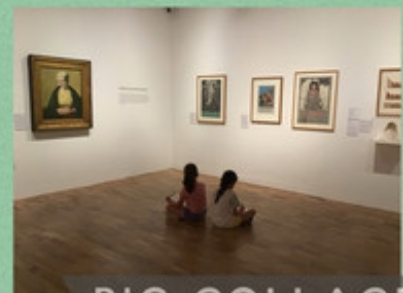
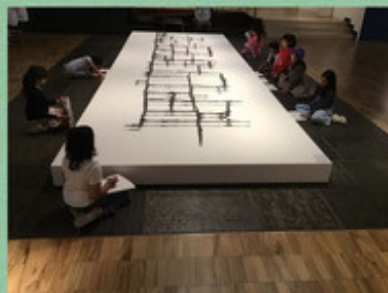
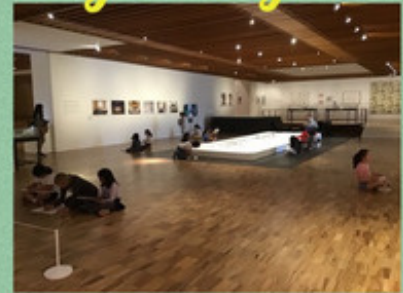
# YEAR 3

## Sketching at Whitworth Art Gallery

Last Friday, Year 3 had a fantastic time at the Whitworth Art Gallery, enjoying our drawing workshop with resident artist, Luke Adamson. He taught us about various different techniques we can use for sketching, including movement sketching, line shadows, perspectives and the removing technique. We then explored the gallery and had a go at sketching our favourite pieces of art. Thank you to the PTA for funding our wonderful day!



## *Trip to Whitworth Art Gallery*



PIC•COLLAGE

# YEAR 4

## Printing at the Whitworth

Last week, Year 4 enjoyed a visit to the Whitworth Art Gallery for a special printing workshop with Alan. During the workshop, we explored different types of printing before then exploring an exhibition ready to create our own. Alan then helped us to engrave and create our very own piece of printing to bring back to school! When we were not in the workshop, we enjoyed exploring the different exhibitions in the gallery.

Thank you to the PTA for funding this wonderful trip!



# YEAR 4

## Rainforest exhibition

As part of our Geography topic on Rainforests, Year 4 completed an independent research project at home to show their understanding and to share their knowledge with the rest of the year group. We set up an exhibition in the hall to share and celebrate all of the great work that has been taken place. Have a look below to see the fantastic range of projects that have been completed!





# YEAR 5

## Sketching at the Whitworth

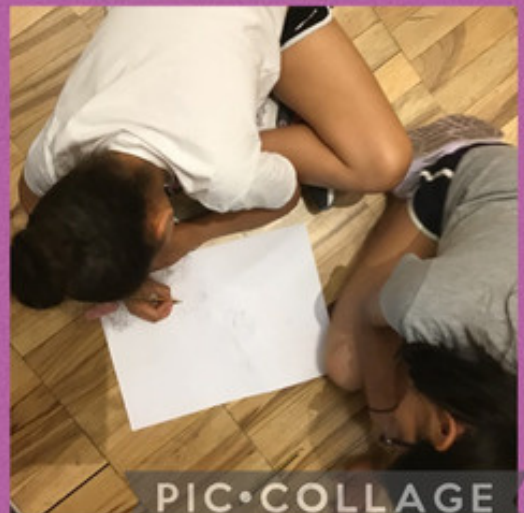
This week Year 5 enjoyed their trip to the Whitworth, on Thursday. They enjoyed a workshop focusing on sketching and looked at different techniques to help them look closely at painting. In addition to this, they had the opportunity to explore the gallery and make some links with the galleries and the schools values.

We used the Sculpture Park and some of the exhibits to think about Wellbeing and Compassion..

Thank you to the PTA for funding this trip.



# YEAR 5



# YEAR 5



# YEAR 5



## TRACES OF DISPLACEMENT

Forced displacement is one of the most urgent issues of our time, but it is not new. Conflict, persecution and environmental devastation have, throughout history, led people to flee their homes and seek safety elsewhere.

This exhibition presents a partial and fragmentary, yet compelling, set of stories about displacement. It has been developed from deep research into how stories of forced migration can be told using the Whitworth's collection of art, textiles and wallpaper. The works of art on display reveal how artists experience and witness social, cultural and political upheaval. They are important historical documents that can challenge dominant narratives and familiar representations of refugees. These are not just images of conflict or trauma – they make space for critical dialogue, testimony, resilience and humour.

In this room, artists address the contemporary asylum-seeking experience. Portrayals of detention and individuals who have been forced to flee are shown alongside reflections on personal, collective, and inherited trauma. The next room moves across historical lines of inquiry – from colonialism and the slave trade, to the first and second world wars, and the increasing impact of climate change.

This exhibition is a collaboration between curators, academics, and advisors with lived experience or heritage of displacement. It does not tell a complete story, and this reflects the inability of the Whitworth's collection to represent some histories, geographies and experiences. Loaned works of art have enabled us to address some gaps, and we intend to make more permanent change by adding work to the collection in the coming years, starting with the work by Mounira al Solh to your right.

*Traces of Displacement is part of an Arts and Humanities Research Council project: Understanding Displacement Aesthetics*

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# YEAR 6

## Weaving our Individuality at the Whitworth!

Year 6 have also enjoyed a great day at the Whitworth Art Gallery this week. Their workshop focused on an exhibition which traces and highlights the theme of displacement through art. The girls were encouraged to look at various artworks, including lots of textile work, and to think about how these could relate to our School Values, particularly individuality and learning.

During their artist-led workshop, the girls then had the chance to learn about the art of weaving, and created some beautiful weaving themselves.



# GOLDEN GIRLS



# GOLDEN GIRLS

## Sunflower Class



Congratulations to this week's Golden Girls, **Pippa** and **Amelie** and **Helen**.

**Pippa**, you have produced some beautiful creative writing this week, Well done!

**Amelie**, you really impressed us all with your sequencing of 'The Hungry Caterpillar'. Excellent job!

## Bluebell Class 1VB



Congratulations to this week's Golden Girls, **Liyana** and **Angelyn**.

**Liyana**, we loved your art work, especially your colour blending when you sketched feathers.

**Angelyn**, we loved your 3-D robin using different paper techniques.

You are both impressive artists - very well done!

## Daffodil Class 1ED



Congratulations to this week's Golden Girls, **Charlotte** and **Anaiya**.

**Charlotte**, you are our golden girl for your brilliant reading at home and at school. You have enjoyed a range of stories and we are very proud of you. Well done!

**Anaiya**, you are our golden girl for your fantastic spelling sentences. Each week you produce beautiful detailed sentences which I love reading. Well done!

## Daisy Class 2FR



Congratulations to this week's Golden Girls, **Yashvi** and **Laura**.

**Yashvi** has written a beautiful letter this week, demonstrating some amazing writing skills. Well done, Yashvi!

**Laura** has worked hard on her Maths and English activities this week. Keep up the hard work, Laura! Well done,

## Snowdrop Class 2RA



Congratulations to this week's Golden Girls, **Aria**, **Sara** and **Amaya**

**Amaya**, you are the Golden Girl for being so kind and caring when someone in another class was hurt.

**Sara**, you are the Golden Girl for being so patient when your computer stopped working, you worked hard to help me to solve the volume problem too!

**Aria**, you are the Golden Girl for your brilliant reading!

# MERITS

**Lifei**, for embracing your ability to express through sketching, whilst working with the artist Luke Adamson, during our Whitworth Gallery workshop. Well done!



**Mehr**, for your excellent attitude to your learning. You are listening well, enthusiastically contributing in class and showing fantastic focus during independent tasks. Keep it up!

**Emilia**, for your outstanding behaviour on our trip to the Whitworth. You were a respectful and motivated enquirer.



**Bhuvi**, for the kindness and compassion which you demonstrate on a daily basis to classmates, friends and teachers. Keep growing kindness!

**Hannah**, for your determination and growing confidence in Maths. You are contributing to class discussions with more confidence, well done.



**Laren**, for your attitude towards your learning. You are really trying your hardest in all your lessons which is evident to see in your work. Well done!

**Gracie**, for your fantastic, vivid description of a rainforest using your five senses. Not only did you include all of your five senses, you also used a range of descriptive vocabulary. Well done!



**Vivienne**, for your excellent understanding in Maths this week when looking at plotting coordinates and translating shapes on a grid. You worked carefully throughout your activities, well done!

**Raeya**, for her hard work and focus in solving missing coordinates problems. You used a logical approach and listened closely to advice.



**Faye**, for your insightful comments in our P.H.S.E lesson based on how we should communicate with each other.

**Maida**, for your super World War 2 project, you have created a lovely model and a super file, carefully presented and full of lots of interesting information. A really super effort. Well done!



**Islah** for your super narrative poem The Alchemists Letter. You have worked really hard to maintain the rhyming pattern and include figurative language all whilst making sure you told the story, Fantastic !

**Iylah and Sarah**, for your super work, and your determination and creativity, during our visit to the Whitworth Art Gallery. Your weaving skills were really impressive, and I loved how committed you both were to completing your designs. Well done.



**Devki and Isla**, for your outstanding diary entries about Darwin's voyage on HMS Beagle, and his discoveries whilst on Galapagos. You have shown a great understanding of his theory of evolution and natural selection. Well done!





# MATHLETICS

## Congratulations to...



### EYFS and Key Stage 1

Sophia B 1VB

### Key Stage 2

Amina - 3LF

## Congratulations to...



### EYFS and Key Stage 1

Eleanor - REG  
Soohia Bai - 1VB  
Isha -2RA  
Charlotte-2RA  
Evi-2RA  
Sara-2RA  
Jia-2RA  
Katy-2RA

### Key Stage 2

Aleena - 3JH  
Amina -3LF  
Kaili - 4LF

## Congratulations to...



### EYFS and Key Stage 1

Eleanor - REG  
Helen - REG  
Islah - REG  
Sophia Bai - 1VB  
Liyana- 1VB  
Angelyn - 1VB  
Isla- 1VB  
Doris - 1VB  
Isha-2RA  
Hana-2RA  
Charlotte-2RA  
Amaya-2RA  
Evi-2RA  
Sara-2RA  
Jia-2RA  
Katy-2RA

### Key Stage 2

Aleena - 3JH  
Haya - 3JH  
Jessica - 3JH  
Bhuvi - 3LF  
Charlotte - 3LF  
Chloe -3LF  
Amina -3LF  
Tianna - 4LF  
Kaili - 4LF  
Ayala - 4LF  
Vivienne - 4LF  
Sienna - 4LF  
Nya Li - 4RB  
Pippa - 4RB

# PE

## AJIS Cricket Success

Last Friday we took the following girls to the AJIS cricket tournament at AKS:

Naimah  
Sanjivani  
Mattie  
Izzy  
Amelia  
lylah  
Gabi  
Zahra  
Georgie

In our group we played :  
Kirkham and won 184-143  
Kings Macclesfield and lost 155-163  
Bolton won 168-155

We came 2nd in our group and played Alderley Edge in the semi final and won 151-136.  
In the final we played Kings Macclesfield again and played fantastically, we won 174-134 and were crowned AJIS Cricket champions 2023 !



# PE

## Cricket Match v Oldham Hulme

On Tuesday we took the following girls to Oldham Hulme where they played against a team of predominantly boys. The girls played brilliantly but sadly lost by 4 runs in the final over.

Well done girls!

Aariya  
Kaaran  
Sanjivani  
Izzy  
Georgie  
Zahra  
Mattie  
Amelia



# Week 1

Prep School Menu  
Week 1  
Monday June 19th – Friday June 23rd

Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
Tomato & Basil Soup served with Rustic Bread	Mint & Pea Soup served with Rustic Bread	Sweetcorn Soup served with Rustic Bread	Carrot & Coriander Soup served with Rustic Bread	Green Vegetable Soup served with Rustic Bread
Prep Packed Lunch Sandwich Crisps Fruit or Fruit Pot	(V) Katsu Aubergine	Spicy Bean Burger (V)	(V) Halloumi & Pepper Wrap	Jacket Potato served with Cheese or Baked Beans (V)
	(H) (NH) Katsu Chicken	(H) (NH) Beef Burger	Peri-Peri Chicken wrap	Breaded Fish served with Lemon Mayonnaise
Prep Packed Lunch Sandwich Crisps Fruit or Fruit Pot	Coconut Wholemeal Rice Southeast Asia Vegetables Chilli Sweetcorn Kimchi	Chips Steamed Greens Mixed Carrots & Parsley	Sweet Potato Wedges Spicy Brown Rice Macho Peas Rainbow Slaw	New Potatoes Lemon Broccoli Caramelised Carrots
Mixed Jackets served with Tuna Pot, Cheese Pot or Baked Beans	Mixed Jackets served with Tuna Pot, Cheese Pot or Baked Beans	Spinach & Cheddar Pesto Pasta	Mixed Jackets served with Tuna Pot, Cheese Pot or Baked Beans	Mac N' Cheese
Prep Salad Bar	Prep Salad Bar	Prep Salad Bar	Prep Salad Bar	Prep Salad Bar
Apricot & Sunflower Flapjack Diced Fruit Pots Whole Fresh Fruit	Apple & Berry Crumble Served with Custard Diced Fruit Pot Whole Fresh Fruit	Beetroot Brownie Diced Fruit Pot Whole Fresh Fruit	Pineapple & Syrup Sponge Diced Fruit Pot Assorted Jelly Pots Whole Fresh Fruit	Sweet Treat Friday Diced Fruit Pot Assorted Jelly Pots Whole Fresh Fruit

V = Vegetarian / H =Halal/ NH +Non Halal  
If you suffer from a food allergy or intolerance, you are advised to consult with the Catering Manager

# Week 2

Prep School Menu Week 2 Monday June 26th – Friday June 30th				
Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday 30th
Tomato & Red Pepper Soup served with Rustic Bread	Carrot & Green Lentil Soup served with Rustic Bread	Cream of Cauliflower Soup served with Rustic Bread	Broccoli & Lancashire Cheddar Soup served with Rustic Bread	Sweet Potato & Chilli Soup served with Rustic Bread
(V) Thai Red Paneer Curry	(V) Cheese & Bean Roll	(V) Quorn Sausages	Mixed Bean & Chickpea Chilli	(V) Onion Bhaji Burger
(H) (NH) Thai Green Chicken Curry	(H) (NH) Fish Goujons	(H) (NH) Chicken & Pork Sausages	(H) (NH) Tex Mex Chilli Bake with Crushed Tacos	(H) (NH) Crispy Chicken Burger
Noodles Peas Oven Baked Broccoli Pineapple Slaw	Peas Honey Carrots New Potatoes	Mashed Potato Mixed Greens Steamed Cauliflower	Corn on the Cob Oven Baked Cajun Wedges Roasted Peppers & Courgettes	Fries Maple Carrots BBQ Beans
Italian Tomato Sauce with Pasta	Salt Baked King Edward Potato or Sweet Potato served with Cheese pot, Tuna Pot or Baked Beans	Italian Tomato Sauce with Pasta	Salt Baked King Edward Potato or Sweet Potato served with Cheese pot, Tuna Pot or Baked Beans	Italian Tomato Sauce with Pasta
Prep Salad Bar	Prep Salad Bar	Prep Salad Bar	Prep Salad Bar	Prep Salad Bar
Chocolate & Blueberry Muffin Fruit Pots Vegan Jelly Pots Whole Fresh Fruit	Steamed Apple Pudding Fruit Pots Vegan Jelly Pots Whole Fresh Fruit	Carrot Cake Fruit Pots Assorted Jelly Pots Whole Fresh Fruit	Syrup Sponge served with Caramel Custard Fruit Pots Assorted Jelly Pots	Sweet Treat Friday Fruit Pots Assorted Jelly Pots
V = Vegetarian / H =Halal / NH Non – Halal If you suffer from a food allergy or intolerance, you are advised to consult with the Catering Manager				

# Menu Week 3

Prep School Menu Week 3 Monday July 3rd – Friday July 7th				
Monday 3rd	Tuesday 4th	Wednesday 5th	Thursday 6th	Friday 7th
Tomato & Balsamic Soup served with Rustic Bread	Pea & Mint Soup served with Rustic Bread	Cream of Mushroom Soup served with Rustic Bread	Roasted Butternut Squash & Chilli Soup served with Rustic Bread	Leek & Potato Soup served with Rustic Bread
(V) Chickpea, Spinach & Squash Curry	(V) Mediterranean Vegetable Lasagne with Quorn	(V) Woodland Mushroom & Lentil Wellington	(V) BBQ Margherita Pizza Dog	(V) Glamorgan Sausage
(H) (NH) Chicken Tikka Masala	(H) (NH) Beef Lasagne	(H) (NH) Roast Turkey	BBQ Chicken Pizza Dog	Omega 3 Fish Cake with Lemon Mayo
Basmati Rice Bombay Vegetables Naan Bread	Garlic Focaccia Mixed Vegetables Coleslaw Peas	Roast Potatoes Cauliflower Gratin Sautéed Cabbage & Carrots	Skin on Fries Tender Stem Broccoli Garlic Mushrooms	Lemon New Potatoes Peas & Sweetcorn
Pasta with Italian Tomato Sauce	Salt Baked King Edward Potato or Sweet Potato served with Cheese pot, Tuna Pot, or Baked Beans	Pasta with Italian Tomato Sauce	Salt Baked King Edward Potato or Sweet Potato served with Cheese pot, Tuna Pot, or Baked Beans	Pasta with Italian Tomato Sauce
Prep Salad Bar	Prep Salad Bar	Prep Salad Bar	Prep Salad Bar	Prep Salad Bar
Victoria Sponge Fruit Pots Assorted Jelly Pots Whole Fresh Fruit	Pear & Berry Granola Compote Fruit Pots Assorted Jelly Pots Whole Fresh Fruit	Eton Mess Fruit Pots Assorted Jelly Pots Whole Fresh Fruit	Chocolate Cake Fruit Pots Assorted Jelly Pots Whole Fresh Fruit	Sweet Treat Friday Fruit Pots Assorted Jelly Pots Whole Fresh Fruit
V = Vegetarian / H =Halal /NH = Non Halal If you suffer from a food allergy or intolerance, you are advised to consult with the Catering Manager				

# PASTORAL PAGES

## E-safety

You may have heard of various games with social interaction elements such as Roblox or have questions about age limits on different platforms and devices. Many of these apps and games are not designed to be accessed by primary aged children and so we have linked a number of resources below which may be helpful.



We have now added two more links to aid with child-safe browsing of the internet, at home. The first links to Common Sense Media, a review site for parents, including web browsing. The second is a web browser set up for children to help them find the most appropriate websites for use for various tasks.



Whilst these are not fool proof, we hope you find this information useful.

<https://swiggle.org.uk/>



[Internet Matters Online Safety guide](#)

[Esafety at home checklist](#)

[Setting up parental controls on a number of devices, apps and websites](#)



11AM  
TO  
3PM

**FREE**

# MINI FESTIVALS\*

- 1 HOLLYHEDGE PARK: 28TH – 30TH JULY**
- 2 PAINSWICK PARK: 11TH – 13TH AUGUST**
- 3 WYTHENSHAW PARK: 18TH – 20TH AUGUST**

*\*SPORTS AND ACTIVITIES FOR ALL AGES!*

- 🕒 **UNDER 5S DAY FRIDAYS 28TH JULY, 11TH AND 18TH AUGUST**
- 👧 **THIS GIRL CAN DAY, FRIDAY 11TH AUGUST**
- 👦 **A DAY JUST FOR YOUNG PEOPLE AGED 11-19, SATURDAY 12TH AUGUST**
- 🏃 **10K RUN, SUNDAY 20TH AUGUST**



[WWW.WYTHENSHAWEGAMES.ORG.UK](http://WWW.WYTHENSHAWEGAMES.ORG.UK)







Once a week, every pupil in Prep take part in the myHappyMind programme. myHappyMind is all based around helping children to understand how their brain works and to support them in developing positive skills and habits to be their very best selves! myHappyMind is delivered in schools by class teachers through a series of interactive lessons and then the children apply these learnings throughout the day.

To further embed this learning and ensure that you are able to engage in these topics with your child, myHappyMind has developed a set of resources for parents. These resources can be accessed online on your computer, or through an app on your phone. The resources allow children to continue to practise some of the habits they have developed at school, such as happy breathing, for you to learn more about what they are learning in the program. Also included are activities for you to do together at home, to complement the in-school lessons.

To access these materials just go to <https://myhappymind.org/parent-resources> and enter your name, email, and authentication code. Your authentication code is 105592

We really encourage you to make use of this free content so that you can support your child in getting the best out of the curriculum. If you have any questions about the curriculum, please contact your class teacher.

If you have any technical questions about accessing the resources, please contact [hello@myhappymind.org](mailto:hello@myhappymind.org)

